

# Frequency

Reimbursement Policy ID: RPC.0025.2100

Recent review date: 02/2025

Next review date: 11/2025

AmeriHealth Caritas Louisiana reimbursement policies and their resulting edits are based on guidelines from established industry sources, such as the Centers for Medicare and Medicaid Services (CMS), the American Medical Association (AMA), state and federal regulatory agencies, and medical specialty professional societies. Reimbursement policies are intended as a general reference and do not constitute a contract or other guarantee of payment. AmeriHealth Caritas Louisiana may use reasonable discretion in interpreting and applying its policies to services provided in a particular case and may modify its policies at any time.

In making claim payment determinations, the health plan also uses coding terminology and methodologies based on accepted industry standards, including but not limited to Current Procedural Terminology (CPT); the Healthcare Common Procedure Coding System (HCPCS); and the International Classification of Diseases, 10th Revision, Clinical Modification (ICD-10-CM). Other factors that may affect payment include but are not limited to medical record documentation, legislative or regulatory mandates, a provider's contract, a member's eligibility in receiving covered services, submission of clean claims, and other policies. These factors may supplement, modify, or in some cases supersede reimbursement policies.

This reimbursement policy applies to all healthcare services billed on a CMS-1500 form or its electronic equivalent, or when billed on a UB-04 form or its electronic equivalent.

#### **Policy Overview**

This policy describes limitations on reimbursement to providers contracted with AmeriHealth Caritas Louisiana, based on frequency limitations for benefit coverage of services and supplies.

Many services and supplies have a frequency limit for coverage under the member's benefit. For example, many preventive and screening services are limited to once per year.

AmeriHealth Caritas Louisiana follows, the Centers for Medicare and Medicaid, and medical practice standards regarding frequency limits of services and supplies. Only medically necessary services and/or supplies are reimbursable.

#### Exceptions

N/A

## **Reimbursement Guidelines**

AmeriHealth Caritas Louisiana utilizes edits to prevent payment for services and supplies exceeding the frequency limit under the available benefit coverage:

- Claims or claim lines exceeding the frequency limit under benefit coverage of a service or supply will be denied.
- Appropriate diagnosis code(s) and/or modifier(s) on the claim indicate the circumstance(s) for which a service or supply provided is medically necessary.

Providers must submit clean claims for accurate reimbursement of services and/or supplies.

AmeriHealth Caritas Louisiana utilizes other edits for maximum units of service; see RPC.0023.2100.

Refer to CPT/HCPCS manuals for complete descriptions of procedure codes and their modifiers.

#### Definitions

N/A

## Edit Sources

- I. Current Procedural Terminology (CPT) and associated publications and services.
- II. Healthcare Common Procedure Coding System (HCPCS)
- III. International Classification of Diseases, 10th Revision, Clinical Modification (ICD-10-CM)

### Attachments

N/A

## **Associated Policies**

RPC.0023.2100: Maximum Units

Policy Histor	ТУ У
04/2024	Preamble revised
01/2024	Reimbursement Policy Committee approval
12/2023	Annual review <ul> <li>Update Edit Sources</li> </ul>
08/2023	Removal of policy implemented by AmeriHealth Caritas Louisiana from Policy History section
01/2023	<ul> <li>Template revised.</li> <li>Preamble revised.</li> <li>Applicable Claim Types table removed.</li> <li>Coding section renamed to Reimbursement Guidelines</li> <li>Associated Policies section added</li> </ul>

Precedes Act 319