

Postpartum Care

Learn how to improve your Health Effectiveness Data and Information Set (HEDIS) rates.

What is measured?

Postpartum care is part of the Prenatal and Postpartum Care (PPC) HEDIS measure. It looks at the percentage of deliveries that had a postpartum visit on or between 7 and 84 days after delivery.

PPC measure timing

The deliveries on or between October 8 of the year prior to the measurement year and October 7 of the measurement year.

Scheduling

Make sure patients are scheduled for postpartum visits:

- During one of the last prenatal care visits.
- Prior to discharge from the hospital after delivery.
- Offer telehealth when appropriate.

Best practices

Talk about the importance of postpartum care with patients during prenatal care visits.

- Send frequent appointment reminders by telephone and text, if available.
- Assist patients with transportation if needed. AmeriHealth Caritas Louisiana provides free transportation to members. Call **1-888-913-0364** to schedule.
- Visit the American College of Obstetricians and Gynecologists (ACOG) website at www.acog.org for more information on best practices.

Documentation

Enter the date of the postpartum visit in the patient's chart, which documents one of the following:

- Pelvic exam
- Evaluation of weight, blood pressure, breasts, and abdomen note can include breastfeeding for the evaluation of breasts.
- Notations such as postpartum care, PP care, PP check at six weeks.
- A pre-printed postpartum care form filled out during the visit.
- Perineal or cesarean incision/wound check.
- Screening for depression, anxiety, tobacco use, substance use disorder, or pre-existing behavioral health disorders.
- Glucose screening for women with gestational diabetes.
- Notes on topics concerning:
 - Attainment of healthy weight
 - Infant care or breastfeeding
 - Resumption of intercourse, birth spacing, or family planning
 - Sleep/fatigue
 - Resumption of physical activity

Billing

Any of the following meet the criteria for postpartum care:

- Bundled service — Provide dates for postpartum visits. Bundled service codes are used on the date of delivery notation of the date of the postpartum visit. These codes may be used only if the claim form indicates when postpartum care was given.
- Postpartum visit
- Cervical cytology



Coding

The table below lists the appropriate codes to use when billing postpartum claims.

Services	Codes ¹			ICD-10 diagnosis
	CPT	CPT Cat II	HCPCS	
Postpartum bundles	59400, 59410, 59510, 59515, 59610, 59614, 59618, 59622 (Dates of service are required to validate they were within the measure time frame.)			
Postpartum visits	57170, 58300, 59430, 99501	0503F		
		G0101		Z01.411, Z01.419, Z01.42, Z30.430, Z391.1, Z39.2
Cervical cytology	88141-88143, 88147, 88148, 88510-88153, 88164- 88167, 88174, 88175		G0123, G0124, G0141, G0143-G0145, G0147, G0148, P3000, P3001, Q0091	

¹Use a CPT, CPT II or HCPCS code.