

PROVIDERALERT



To: AmeriHealth Caritas Louisiana Providers

Date: March 25, 2024

Subject: DBT ARPA Incentives

Summary: Dialectical Behavior Therapy (DBT) - American Rescue Plan Act of 2021 (ARPA) Provider Incentives

AmeriHealth Caritas Louisiana would like to inform you that the Centers for Medicare and Medicaid Services (CMS) has approved Louisiana’s submission of a State Directed Payment request to utilize funding to offer increased psychotherapy reimbursement rates for Dialectical Behavior Therapy (DBT) individual therapy and DBT group psychotherapy, **effective for dates of service on or after March 1, 2024**. AmeriHealth Caritas Louisiana will recycle any denied claims for dates of service after **March 1, 2024**, within fifteen (15) calendar days from the date of this memo, as well as ensure that newly submitted claims are adjudicated properly as of **April 3, 2024**.

The incentive payments are summarized below by service and are in effect for the period **March 1, 2024 through March 2025 or until funds are exhausted, whichever comes first**.

Code, Modifier	Description	Age	Psychiatrist Base Payment	Psychiatrist Add-on Payment	Incentivized DBT Total	APRN & Psychologist Base Payment	APRN & Psychologist Add-on Payment	Incentivized DBT Total	Other LMHP Base Payment	Other LMHP Add-on Payment	Incentivized DBT Total
			Modifier: AF			Modifier: AH, SA, or HP			Modifier: AJ, HO, or HF		
H2021	Individual DBT Session	0-20	\$98.78	\$101.22	\$200.00	\$79.02	\$120.98	\$200.00	\$69.15	\$130.85	\$200.00
H2021	Individual DBT Session	21+	\$76.74	\$123.26	\$200.00	\$61.39	\$138.61	\$200.00	\$53.72	\$146.28	\$200.00
H2021, HQ	Group DBT Session	0+	\$176.40	\$1.28	\$177.68	\$141.12	\$36.56	\$177.68	\$123.52	\$54.16	\$177.68

The total rate is \$200.00 per 60-minute DBT individual therapy, with an expected 60-minute session of DBT individual therapy per client per week. Providers will bill H2021 for DBT individual psychotherapy.

The total rate is \$177.68 per client for DBT group psychotherapy for an expected 120–150-minute DBT skills-training group sessions per client weekly. Providers will bill H2021 with the HQ modifier for DBT group psychotherapy.

AmeriHealth Caritas Louisiana will pay the eligible providers based on the submission of eligible claims and will ensure the accurate and timely processing of claims and encounters.

What do you need to do?

Providers will comply with all the following:

- Complete the initial week of DBT didactic training through LSUHSC,
- Remain in good standing with the training program,
- Be credentialed with AmeriHealth Caritas Louisiana,
- Comply with all DBT service requirements in the Medicaid manual and
- Provide a DBT individual or group therapy session post-completion of the initial didactic training to receive the increased psychotherapy rates.

Questions: Thank you for your continued support and commitment to the care of our members. If you have questions about this communication, please contact AmeriHealth Caritas Louisiana Provider Services at 1-888-922-0007 or your [Provider Network Management Account Executive](#).

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Need to update your provider information? Send full details to network@amerihealthcaritasla.com.