

# PROVIDERALERT



**To:** AmeriHealth Caritas Louisiana Providers

**Date:** June 28, 2022

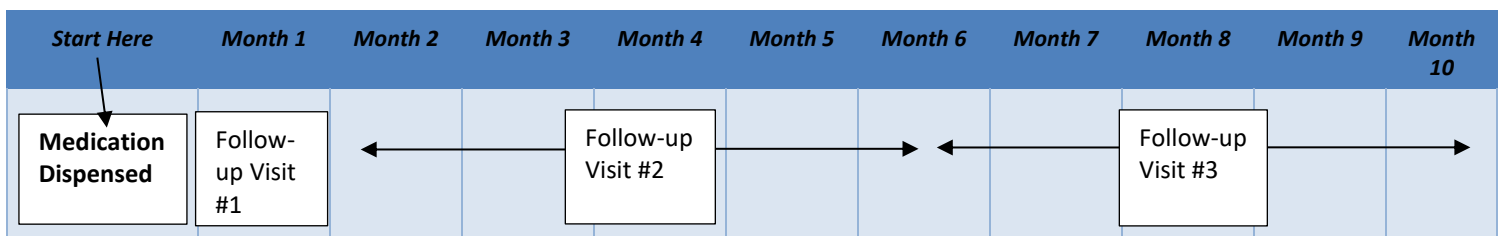
**Subject:** ADHD Follow-Up Care after Medication

**Summary:** AmeriHealth Caritas Louisiana is providing Best Practice follow-up recommendations for members with newly prescribed ADHD medication.

**Recommendation:** At least three follow-up care visits within a 10-month period, one of which must be within 30 days of when the first ADHD medication was dispensed.

**There are two phases for ADHD follow-up visits for medication compliance:**

- 1. Initiation phase:** Patients should receive one follow-up visit with a practitioner with prescribing authority during the 30 days following the earliest prescription dispensing date.
- 2. Continuation phase:** Patients who remained on the medication for at least 210 days, and had a follow-up visit in the initiation phase should receive at least two follow-up visits within 270 days after the initiation phase ended.



**Note:** If a patient has not filled a prescription in three months, the timeline for ADHD Follow-up Visits should restart.

### Best Practices:

- Assist member with scheduling follow-up visits when newly prescribed an ADHD medication
- If needed, utilize telephone and telehealth visits in both the Initiation and Continuation Phases. Only one of the two Continuation Phase visits can be an e-visit or virtual check-in.
- Behavioral therapy has positive effects when combined with medication for ADHD.
  - Children under six (6) years old should receive behavioral health therapy as the first line of treatment before administration of medications for best practice.
  - Children and adolescents (6-18) should receive both ADHD medication and behavioral therapy, if possible.

- ❖ This information can also be collected through Electronic Clinical Data Systems. Direct data feeds can improve provider quality performance and reduce the burden of medical record requests. Please discuss options with your Account Executive.

#### References

*American Academy of Pediatrics. Subcommittee on Attention-Deficit/Hyperactivity Disorder, Steering Committee on Quality Improvement and Management. ADHD: Clinical guideline for the diagnosis, evaluation, and treatment of attention-deficit/hyperactivity disorder in children and adolescents. Pediatrics. 2011;128(5):1007–1022*

**Questions:** Thank you for your continued support and commitment to the care of our members. If you have questions about this communication, please contact AmeriHealth Caritas Louisiana Provider Services at 1-888-922-0007 or your [Provider Network Management Account Executive](#).

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**Need to update your provider information?** Send full details to [network@amerihealthcaritasla.com](mailto:network@amerihealthcaritasla.com).

#### **Where can I find more information on COVID-19?**

AmeriHealth Caritas Louisiana has updated its website to streamline communications and important notifications about COVID-19. Please visit <http://amerihealthcaritasla.com/covid-19> for up-to-date information for both providers and members, including frequently asked questions, and important provider alerts from AmeriHealth Caritas Louisiana and the Louisiana Department of Health.