

The Louisiana Mental Health Perinatal Partnership (LAMHPP) promotes maternal and child health by building the capacity of healthcare clinicians to identify and address the mental health needs of their pregnant and postpartum patients.

Clinicians who enroll in the program will receive the support and resources they need to:

- Expand early identification of perinatal risks and mental health symptoms
- Implement first line management of mental health and substance use disorders
- Refer patients to relevant and high quality community resources



Louisiana Mental Health Perinatal Partnership (LAMHPP)

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LAMHPP is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) as part of an award totaling \$640,230 with less than 1 percent financed with non-governmental sources. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by HRSA, HHS, or the U.S. Government

Louisiana Mental Health Perinatal Partnership

Helping health care clinicians address perinatal mental health and substance use disorders



About the Program

Women are at an increased risk of experiencing mental health issues during pregnancy and in the postpartum period. However, healthcare clinicians providing care for women during these times often have limited mental health background, and their patients have limited access to community mental health supports.

The Louisiana Mental Health Perinatal Partnership (LAMHPP) is a statewide program designed to support clinicians who serve pregnant or postpartum women in Louisiana. The program provides free mental health consultation to clinicians, and offers relevant national, state and local resources to share with patients.



The LAMHPP team includes psychiatrists, psychologists, clinical mental health professionals, and a perinatal resource specialist. They can help clinicians address the mental health needs of their patients, including:

- Perinatal depression
- Substance use disorders
- Anxiety
- Interpersonal violence
- Related health risks & conditions

Services & Benefits

Real-Time Phone Consultation

Enrolled healthcare clinicians can receive real-time guidance from a psychiatrist about clinical topics, including:

- Early identification
- Screening
- Effective office-based interventions
- Therapy
- Medication approaches

Clinicians can call back with follow-up questions, which may result in telehealth consultation with patients in select situations. Clinicians can also speak with a resource specialist to learn about community and web-based resources.

Consultation is available Monday – Friday from 8:00am – 5:00pm.

Trainings & Webinars



On-site and webinar-based trainings on topics such as screening for, identifying, and managing common perinatal mental health concerns.

Online Resources



Community resource guides to share with your patients and clinical tool kits are available on our website.

On-site Consultation



Meet with a perinatal consultation specialist at your office. Currently only available in South Central (Region 4) and Northeast Louisiana (Region 8).

Enrollment

Before accessing these services, clinicians must complete the enrollment form on [LAMHPP.org](https://lamhpp.org).

Any licensed healthcare clinician who serves pregnant and postpartum women and families in Louisiana is invited to enroll in this no-cost program. Clinicians who may find this program especially valuable include:

- OB-GYNs
- Family Physicians
- Pediatricians
- Nurse Practitioners
- Nurse Midwives
- Psychiatrists
- Psychologists
- Licensed Clinical Social Workers



Enrolled clinicians must agree to participate in the program evaluation by completing baseline and follow-up surveys.