



Dear provider,

Pennington Biomedical has created a new clinic for patients with Medicaid health coverage to help prevent diabetes in those at risk and to prevent the effects of type 2 diabetes in those already diagnosed. The clinic is specifically designed for patients who have Medicaid health coverage to try to address the health disparities they often face.

By combining what providers and researchers have learned through decades of research, Pennington aims to give patients the tools they need to feel better and improve their health. The clinic was designed to offer a treatment program that helps patients to lose weight and develop long-term lifestyle changes that will help to keep weight off.

**To be a part of our program, patients must:**

- Be 21 years of age or older;
- Have been diagnosed with prediabetes or type 2 diabetes;
- Have Medicaid health coverage; and
- Be ready and willing to change habits related to diet, exercise, sleep, and how they handle stress.

Patients can apply directly for the Pennington program and do not need a referral. Please share this information with any of your patients who meet the qualifications above.

**Interested patients can apply online at [www.penningtondiabetesclinic.com](http://www.penningtondiabetesclinic.com). Patients can also call to get more information or to apply by phone at (225) 763-2789. Questions can also be emailed to [diabetesclinic@pbrc.edu](mailto:diabetesclinic@pbrc.edu).**

Thank you in advance for sharing information about our clinic with your patients.

The Pennington Biomedical Diabetes Clinic Team