

To: AmeriHealth Caritas Louisiana Providers

Date: June 10, 2019

Subject: Attention Deficit Hyperactivity Disorder (ADHD) eLearning Module is now available for AmeriHealth Caritas Louisiana providers.

ADHD is one of the most common neurodevelopmental disorders of childhood, and most children and adolescents who are diagnosed with ADHD will continue to experience ADHD symptoms during adulthood. More than 6 million American children between the ages of 4 and 17 have been diagnosed with ADHD¹. Additionally, it is estimated that 4% of adults are diagnosed with ADHD.² Adults with ADHD can experience unstable relationships, poor work or school performance, low self-esteem, and other problems³.

Because we recognize that primary care providers act as the front line in screening and treating common behavioral health conditions, we offer the ADHD eLearning module. It includes a review of symptoms and suggestions about how to incorporate evidence-based screening tools and appropriate follow-up treatment into your practice. Upon successful completion of this training, you should be able to:

- Describe ADHD.
- Identify the symptoms of ADHD.
- Explain how ADHD is diagnosed.
- Identify evidence-based tools to screen for ADHD.
- Identify age-appropriate treatments for ADHD.
- Describe the HEDIS[®] measures for ADHD.

Access the AmeriHealth Caritas Louisiana Attention Deficit Hyperactivity Disorder: Behavioral Health Training eLearning module. Please let us know you have completed the training by clicking on the Attestation Form link at the end of the training and completing the brief assessment.

As part of our ongoing goal to support integrated care, the following additional resources are available to you:

- In-person, on-site behavioral health training from a clinical educator. (Contact your Provider Network Management Account Executive if you are interested.)
- Our [Behavioral Health Provider Toolkit](#), accessible on our website.

¹Kimberly Holland and Elsbeth Riley, "ADHD Numbers: Facts, Statistics, and You," The A.D.D. Resource Center, October 11, 2017, <https://www.addrc.org/adhd-numbers-facts-statistics-and-you/>.

²Kimberly Holland and Elsbeth Riley, "ADHD Numbers: Facts, Statistics, and You," The A.D.D. Resource Center, October 11, 2017, <https://www.addrc.org/adhd-numbers-facts-statistics-and-you/>.

³Mayo Clinic Staff, "Adult attention-deficit/hyperactivity disorder (ADHD)," Mayo Clinic, <https://www.mayoclinic.org/diseases-conditions/adult-adhd/symptoms-causes/syc-20350878>.

- Through a collaborative partnership between the Louisiana Chapter of American Academy of Pediatrics, providers now have access to the ADHD toolkit from the American Academy of Pediatrics.
 - [American Academy of Pediatrics - Caring for Children With ADHD: A Resource Toolkit for Clinicians](#) provides guidance for pediatric health care professionals who provide care for children and adolescents with ADHD.
- Other eLearning modules in this series: [Depression](#) and [Anxiety Disorders](#) training modules are available now, and additional modules are in development.

Questions:

Thank you for your continued support and commitment to the care of our members. If you have questions about this communication, please contact AmeriHealth Caritas Louisiana’s Provider Services department at 1-888-922-0007 or your Provider Network Management Account Executive.

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