

## HEDIS TIP SHEET

# Prenatal Depression Screening and Follow-Up (PND-E):

Learn how to improve your Healthcare Effectiveness Data and Information Set (HEDIS) rates.



### What is Measured?

The percentage of deliveries in which members were screened for clinical depression while pregnant and, if screened positive, received follow-up care.

### Measurement Period:

Deliveries between January 1st and December 31st of the measurement year

### Two Rates Reported:

#### Depression Screening:

The percentage of deliveries in which members were screened for clinical depression using a standardized instrument during the prenatal period.

- Requires use of age-appropriate screening instrument. Member's age is used to select appropriate depression screening instrument.
  - **Acceptable tools for Adolescent 12 - 17 population include:** PHQ-9, PHQ-9M, PHQ-2, BDI-FS, CESD-R, EPDS, PROMIS Depression
  - **Acceptable tools for Adult 18+ population include:** PHQ-9, PHQ-2, BDI-FS, BDI-II, CESD-R, DADS, EPDS, M-3, PROMIS Depression, CUDOS

**Follow-up on Positive Screen:** The percentage of deliveries in which member received follow-up care within 30 days of screening positive for depression.

Follow-up which meets criteria:

- Outpatient, telephone, or virtual check-in visit
- Depression case management encounter
- A behavioral health encounter
- Dispensed antidepressant medication
- Additional depression screening on a full-length instrument indicating no depression or no symptoms that require follow up on the same day as a positive screen on a brief screening instrument
- Exercise counseling

## Best Practices

Discuss the importance of prenatal depression and appropriate follow-up if there is a positive screening.

- Implement screening for perinatal depression at all prenatal and postpartum visits.
- Refer mothers with positive screenings for further evaluation and timely treatment.
- Offer a variety of treatment options, including medication, when appropriate, counseling and support groups.
- Reduce stigma by educating mothers about prevalence and treatability of perinatal depression.
- Assist patients with transportation if needed. AmeriHealth Caritas Louisiana provides free transportation to members. Call **1-888-913-0364** to schedule.
- Visit the American College of Obstetrics and Gynecologists (ACOG) website at [www.acog.org](http://www.acog.org) for more information on best practices.

## Coding

The table below lists appropriate codes to use when billing prenatal depression screening and follow-up claims:

| Services                                    | Codes                                                                                                                                                                                                                                                                                                                                                                                                                                            |                                                                                                                                                                                                                                              |                                                                                          |
|---------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------|
|                                             | CPT                                                                                                                                                                                                                                                                                                                                                                                                                                              | HCPCS                                                                                                                                                                                                                                        | UBREV                                                                                    |
| <b>Behavioral Health Encounter</b>          | 90791, 90792, 90832, 90833, 90834, 90836, 90837, 90838, 90839, 90845, 90846, 90847, 90849, 90853, 90865, 90867, 90868, 90869, 90870, 90875, 90876, 90880, 90887, 99484, 99492, 99493                                                                                                                                                                                                                                                             | G0155, G0176, G0177, G0409, G0410, G0411, G0511, G0512, H0002, H0004, H0031, H0034, H0035, H0036, H0037, H0039, H0040, H2000, H2001, H2010, H2011, H2012, H2013, H2014, H2015, H2016, H2017, H2018, H2019, H2020, S0201, S9480, S9484, S9485 | 0900, 0901, 0902, 0903, 0904, 0905, 0907, 0911, 0912, 0913, 0914, 0915, 0916, 0917, 0919 |
| <b>Depression Case Management Encounter</b> | 99366, 99492, 99493, 99494                                                                                                                                                                                                                                                                                                                                                                                                                       | G0512, T1016, T1017, T2022, T2023                                                                                                                                                                                                            |                                                                                          |
| <b>Follow-Up Visit</b>                      | 98960, 98961, 98962, 98966, 98967, 98968, 98970, 98971, 98972, 98980, 98981, 99078, 99202, 99203, 99204, 99205, 99211, 99212, 99213, 99214, 99215, 99242, 99243, 99244, 99245, 99341, 99342, 99344, 99345, 99347, 99348, 99349, 99350, 99381, 99382, 99383, 99384, 99385, 99386, 99387, 99391, 99392, 99393, 99394, 99395, 99396, 99397, 99401, 99402, 99403, 99404, 99411, 99412, 99421, 99422, 99423, 99441, 99442, 99443, 99457, 99458, 99483 | G0071, G0463, G2010, G2012, G2250, G2251, G2252, T1015                                                                                                                                                                                       | 0510, 0513, 0516, 0517, 0519, 0520, 0521, 0522, 0523, 0526, 0527, 0528, 0529, 0982, 0983 |
| <b>Exercise Counseling</b>                  | ICD-10 diagnosis: Z71.82                                                                                                                                                                                                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                              |                                                                                          |

Note: LOINC and SNOMED codes can be captured through electronic data submissions. Please contact your Account Executive for more information.

## **Dispensed Antidepressant Medications:**

**Miscellaneous antidepressants:** Bupropion, Vilazodone, Vortioxetine

**Monoamine oxidase inhibitors:** Isocarboxazid, Phenelzine, Selegiline, Tranylcypromine

**Phenylpiperazine antidepressants:** Nefazodone, Trazodone

**Psychotherapeutic combinations:** Amitriptyline-chlordiazepoxide, Amitriptyline-perphenazine, Fluoxetine-olanzapine

**SNRI antidepressants:** Desvenlafaxine, Duloxetine, Levomilnacipran, Venlafaxine

**SSRI antidepressants:** Citalopram, Escitalopram, Fluoxetine, Fluvoxamine, Paroxetine, Sertraline

**Tetracyclic antidepressants:** Maprotiline, Mirtazapine

**Tricyclic antidepressants:** Amitriptyline, Amoxapine, Clomipramine, Desipramine, Doxepin (>6mg), Imipramine, Nortriptyline, Protriptyline, Trimipramine