

HEDIS TIP SHEET

Postpartum Depression Screening and Follow-Up (PDS-E):

Learn how to improve your Healthcare Effectiveness Data and Information Set (HEDIS) rates.



What is Measured?

The percentage of deliveries in which members were screened for clinical depression during the postpartum period and, if screened positive, received follow-up care.

Measurement Period:

Deliveries between January 1st and December 31st of the measurement year

Two Rates Reported:

Depression Screening:

The percentage of deliveries in which members were screened for clinical depression using a standardized instrument during the postpartum period.

- Requires use of age-appropriate screening instrument. Member's age is used to select appropriate depression screening instrument.
 - **Acceptable tools for Adolescent 12 - 17 population include:** PHQ-9, PHQ-9M, PHQ-2, BDI-FS, CESD-R, EPDS, PROMIS Depression
 - **Acceptable tools for Adult 18+ population include:** PHQ-9, PHQ-2, BDI-FS, BDI-II, CESD-R, DADS, EPDS, M-3, PROMIS Depression, CUDOS

Follow-up on Positive Screen: The percentage of deliveries in which member received follow-up care within 30 days of screening positive for depression.

Follow-up which meets criteria:

- Outpatient, telephone, or virtual check-in visit
- Depression case management encounter
- A behavioral health encounter
- Dispensed antidepressant medication
- Additional depression screening on a full-length instrument indicating no depression or no symptoms that require follow up on the same day as a positive screen on a brief screening instrument
- Exercise counseling

Best Practices

Discuss the importance of prenatal depression and appropriate follow-up if there is a positive screening.

- Implement screening for postpartum depression at all postpartum appointments.
- Refer mothers with positive screenings for further evaluation, treatment and timely referrals.
- Offer a variety of treatment options, including medication, (when appropriate), counseling and support groups.
- Reduce stigma by educating mothers about prevalence and treatability of postpartum depression.
- Coordinate care between OB provider and other providers, such as primary care and mental health providers.
- Assist patients with transportation if needed. AmeriHealth Caritas Louisiana provides free transportation to members. Call **1-888-913-0364** to schedule.
- Visit the American College of Obstetrics and Gynecologists (ACOG) website at www.acog.org for more information on best practices.

Coding

The table below lists the appropriate codes to use when billing postpartum depression screening and follow-up claims:

Services	Codes		
	CPT	HCPCS	UBREV
Behavioral Health Encounter	CPT: 90791, 90792, 90832, 90833, 90834, 90836, 90837, 90838, 90839, 90845, 90846, 90847, 90849, 90853, 90865, 90867, 90868, 90869, 90870, 90875, 90876, 90880, 90887, 99484, 99492, 99493	G0155, G0176, G0177, G0409, G0410, G0411, G0511, G0512, H0002, H0004, H0031, H0034, H0035, H0036, H0037, H0039, H0040, H2000, H2001, H2010, H2011, H2012, H2013, H2014, H2015, H2016, H2017, H2018, H2019, H2020, S0201, S9480, S9484, S9485	0900, 0901, 0902, 0903, 0904, 0905, 0907, 0911, 0912, 0913, 0914, 0915, 0916, 0917, 0919
Depression Case Management Encounter	99366, 99492, 99493, 99494	G0512, T1016, T1017, T2022, T2023	
Follow-Up Visit	98960, 98961, 98962, 98966, 98967, 98968, 98970, 98971, 98972, 98980, 98981, 99078, 99202, 99203, 99204, 99205, 99211, 99212, 99213, 99214, 99215, 99242, 99243, 99244, 99245, 99341, 99342, 99344, 99345, 99347, 99348, 99349, 99350, 99381, 99382, 99383, 99384, 99385, 99386, 99387, 99391, 99392, 99393, 99394, 99395, 99396, 99397, 99401, 99402, 99403, 99404, 99411, 99412, 99421, 99422, 99423, 99441, 99442, 99443, 99457, 99458, 99483	G0071, G0463, G2010, G2012, G2250, G2251, G2252, T1015	0510, 0513, 0516, 0517, 0519, 0520, 0521, 0522, 0523, 0526, 0527, 0528, 0529, 0982, 0983
Exercise Counseling	ICD-10 diagnosis: Z71.82		

Note: LOINC and SNOMED codes can be captured through electronic data submissions. Please contact your Account Executive for more information.

Dispensed Antidepressant Medications:

Miscellaneous antidepressants: Bupropion, Vilazodone, Vortioxetine

Monoamine oxidase inhibitors: Isocarboxazid, Phenelzine, Selegiline, Tranylcypromine

Phenylpiperazine antidepressants: Nefazodone, Trazodone

Psychotherapeutic combinations: Amitriptyline-chlordiazepoxide, Amitriptyline-perphenazine, Fluoxetine-olanzapine

SNRI antidepressants: Desvenlafaxine, Duloxetine, Levomilnacipran, Venlafaxine

SSRI antidepressants: Citalopram, Escitalopram, Fluoxetine, Fluvoxamine, Paroxetine, Sertraline

Tetracyclic antidepressants: Maprotiline, Mirtazapine

Tricyclic antidepressants: Amitriptyline, Amoxapine, Clomipramine, Desipramine, Doxepin (>6mg), Imipramine, Nortriptyline, Protriptyline, Trimipramine