

To: AmeriHealth Caritas Louisiana Providers

Date: March 6, 2026

Subject: HEDIS Measure: Weight Assessment and Counseling for Nutrition and Physical Activity for Children/Adolescents (WCC)

Summary: To engage providers on WCC HEDIS[®] Measure guidelines.

Who qualifies for the WCC measure?

Members age 3 to 17 as of December 31 of the measurement year.

What is measured?

Percentage of members ages 3 to 17 who had an outpatient visit with a primary care provider (PCP) or OB/GYN and who had evidence of the following during the measurement year:

- BMI percentile documentation
- Counseling for nutrition
- Counseling for physical activity

What documentation is required?

BMI Percentile

Must be documented during the measurement year and include **one of the following**:

- Height, weight, and BMI percentile (e.g., 87% or 87th percentile)
- "Body mass index for age" percentile growth chart

Counseling for Nutrition

Must include a note indicating the **date** and **at least one of the following** during the measurement year:

- Discussion of current nutrition behaviors (e.g., eating habits, dieting behaviors)
- Checklist indicating nutrition was addressed
- Counseling or referral for nutrition education
- The member received educational materials on nutrition
- Anticipatory guidance for nutrition
- Weight or obesity counseling
- Services rendered for obesity or eating disorders
- Referral to WIC
- 5-2-1-0 discussion/handout (counts for both counseling for nutrition and physical activity)

Counseling for physical activity

Must include a note indicating the **date** and **at least one of the following** during the measurement year:

- Discussion of current physical activity behaviors (e.g., exercise routine, participation in sports)

- activities, sports physical, daily outside play)
- Checklist indicating physical activity addressed
 - The member received educational materials on physical activity
 - Anticipatory guidance specific to physical activity
 - Weight or obesity counseling or weight management
 - Counseling or referral for physical activity
 - Services rendered for obesity or eating disorders
 - 5-2-1-0 discussion/handout (counts for both counseling for nutrition and physical activity)

Questions: Thank you for your continued support and commitment to the care of our members. If you have questions about this communication, please get in touch with AmeriHealth Caritas Louisiana Provider Services at 1-888-922-0007 or your [Provider Network Management Account Executive](#).

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Need to update your provider information? Send full details to network@amerihealthcaritasla.com.